

## G-Visionary Preschool Bfast Menu G - October 2021 Visionary Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Bagel* Mini w Strawberry Cream Orange Milk, White 1%
4 No School	5 No School	6 No School	7 No School	8 No School
11 Assorted Cereal*, 2 oz. Apple slices Milk, White 1%	12 Blueberry Muffin* Juice Variety, 4 oz. Milk, White 1%	13 Breakfast Bun* Craisin Pkt. Milk, White 1%	14 Assorted Cereal*, 2 oz. Orange Milk, White 1%	15 Nutri-Grain Bars* Variety Apple slices Milk, White 1%
18 No School	19 Blueberry Muffin* Juice Variety, 4 oz. Milk, White 1%	20 Breakfast Bun* Craisin Pkt. Milk, White 1%	21 Assorted Cereal*, 2 oz. Orange Milk, White 1%	22 Nutri-Grain Bars* Variety Apple slices Milk, White 1%
25 Assorted Cereal*, 2 oz. Apple slices Milk, White 1%	26 Blueberry Muffin* Juice Variety, 4 oz. Milk, White 1%	27 Breakfast Bun* Craisin Pkt. Milk, White 1%	28 Assorted Cereal*, 2 oz. Orange Milk, White 1%	29 Nutri-Grain Bars* Variety Apple slices Milk, White 1%

USDA and this institution are equal opportunity providers and employers.

Menu subject to change.

Whole grain items are indicated by \*.